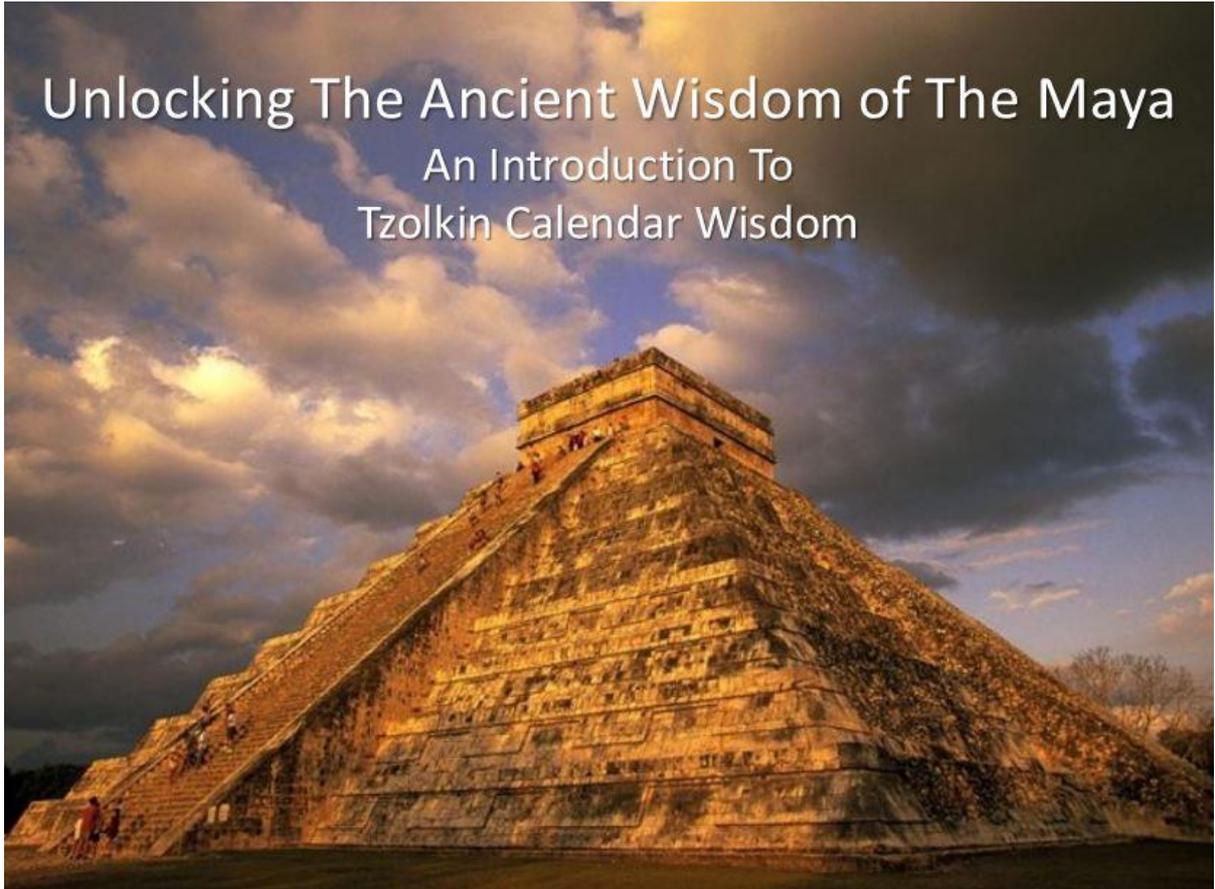


Unlocking The Ancient Wisdom of The Maya

An Introduction To Tzolkin Calendar Wisdom



An Eleven Page Overview Document That
Illuminates How The Tzolkin Calendar Works

By Author, Expedition Guide and Presenter

Val Jon Farris

Val Jon Farris - Author Preface



When I was a boy I spent countless nights outside on the lawn gazing up at the stars. I still recall stretching my arms and legs out wide, clinging to the curve of the Earth peering up into the vastness of the heavens. I swear I could actually feel myself flying through space as our planet hurled silently around the Sun! My faithful space-traveling companion and loving cocker Spaniel, "Betsy" lay by my side, her nose nuzzled deep into the nape of my neck. As I lay there smelling the damp earth and freshly cut lawn I was mesmerized by the panoply of stars shimmering within the deep black sea all around us. Letting my mind wander betwixt the infinite display of celestial bodies I imagined Betsy and me climbing into a sleek silver spaceship and blasting off into the farthest reaches of space. It was as though I had discovered an interstellar vehicle deep within my inner space, a spirit ship that possessed magical powers to transport us into outer space, far beyond our solar system and galaxy and even beyond time itself.

I didn't have words then to describe my timeless cosmic journeys, but I now know they were sacred glimpses into what I call the *"infinite mind of God and eternal heart of Spirit."* In reflection of those magical nights a prose arises within me regarding this omnipotent boyhood glimpse, a humbling awe that has remained with me to this very day, lovingly nuzzled into the nape of my soul.

*Shimmering celestials move 'round so bright
Spirit's mysteries blazing with sacred light
Migrating silently beyond time and soul
God's cosmic embrace so vast so whole*

The passage, *"Migrating silently beyond time and soul,"* captures something special about my boyhood experiences. What was so unique about those magical moments was that they didn't fit into time's familiar pattern of the past, present, future. They were rather, times away from time, mysterious exceptions to time's familiar linear progression. Exploring further, the idea of "circular" or "spherical" time is the best way to describe what I experienced. Much like a sphere that has no discernible beginning or end point on its surface, my timeless moments had no beginnings or endings either. No "this moment, then this moment, then this moment." Rather, these spherical moments arose from everywhere and nowhere all at once in a kind of silent symphonic "forever-now-ness."

As linear time vanished from my experience, so too did the separation between who I knew myself to be and the vast star-filled heavens above me. It was as if I and the heavens merged and become one and the same in a surreal sacred unity.

This timeless unity had a powerful humbling effect on me and as I emerged from its mesmerizing presence I intuitively understood my place within the universe; a paradoxical epiphany in which I experienced myself as infinitesimally small in my finite human presence. . . and at the same time, exponentially vast within an infinite spiritual essence. As confounding as it may sound, I realized that not only did I exist within the cosmos, but the cosmos existed within me. And while I didn't know it then, this juxtaposition of finite and

infinite was not a new revelation. It was a timeless wisdom I would one day learn had been embraced by an entire civilization, and in particular, the Maya. This soon to be published book is my way of giving back to the Maya what they gave the world, a highly advanced system of human and spiritual development that illuminates the interconnectedness between our finite human presence and our infinite spiritual essence.

Introduction To The Maya And Tzolkin Calendar

To be “(in)finite” is to be both finite and infinite, human and spiritual at the same time and in the same space. This juxtaposition opens a whole new possibility of being alive, a sacred unity that bridges the abyss of what conventional religion has promoted for eons as the separation of human beings from their omnipotent source. This unity not only weaves humanity and spirituality together, but all of humanity itself, and every single person who has ever, is now and will ever be alive. This paradoxical shared essence is what the Maya call “*In lak’esh*,” or “*I am another yourself*.” What better way to live than to come to know ourselves within one another and beyond ourselves.

After exploring many philosophies and structures for ongoing integration it became clear that out of all the possibilities for personal and spiritual growth, the ancient Maya civilization developed the most robust, powerful and transforming daily practice of all. Called “*The Tzolkin Calendar*,” (*Tzolkin* means “count of days,” and “sacred pieces of the Sun”) is a daily practice divided into 260 “pieces” or days. Each day offers profound insight into one’s life, choices, attitude and overall human and spiritual development. It is literally *the most comprehensive* integration process anywhere in the world.

To offer some background, the Maya civilization thrived in Central America from the early pre-classic period (around 2000 BC) until the Spanish conquest in the mid 1540’s. (Over 6 million Maya still live there today.) Although spiritually and culturally unified, the Maya empire was made up of independent political states throughout Southern Mexico, the Yucatan Peninsula, Guatemala, Belize, Northern El Salvador and Western Honduras. It is well-known that the Maya were gifted astronomers, mathematicians and architects. They are also well known for constructing some of the most extraordinary temples, pyramids and astronomical observatories in the history of the world, many of which still stand today.

The purpose of these structures was two-fold; they served as ceremonial gathering places for the Empire and they were intentionally crafted monolithic stone instruments for measuring cosmological phenomena such as equinoxes, planetary orbits and the movement of interstellar constellations. Along with these extraordinary structures the Maya developed advanced forms of mathematics and over twenty complex calendar systems to record and systemize empirical celestial movement as well as cosmologically derived philosophical principles. The information the Maya gleaned with these precision tools was used for a wide variety of purposes, including, but not limited to agricultural sustainability, societal governance and education, war strategy, cultural development, rites of passage and spiritual attunement.

By far, the most extraordinary and innovative tool set the ancient Maya created was their complex array of cosmological calendars. These stone carved marvels merged the diverse frontiers of cosmology and spirituality together into a unified system of *empirical omnipotence*. Empirical because of their precision, and omnipotent because of the

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otherworldly spiritual inspiration they conveyed. Of the more than two dozen cosmological calendars created by the ancient Maya and their ancestors, three stand out most prominently, the "*Long Count*," the "*Haab*" and the "*Tzolkin*." All three calendars served a unique purpose and yet they interfaced together in ways that created something truly extraordinary; a highly precise and integrated system of measurement that not only served the practicalities of daily life, but also served as a deeply inspiring venue of spiritual attunement.

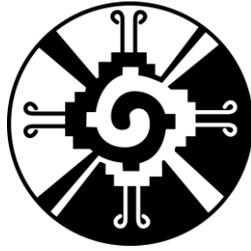
As an example, rather than tracking linear dates and times like its two companion calendars, the Tzolkin, (a *Sacred Time* calendar), was designed to map 260 dynamic aspects of human insight and spiritual wisdom and illuminate them through the devotion of daily practice. These *Sacred Time* insights and divinations were both derived from, and integrated into the two companion calendars; a synergistic system that infused the calendar's linear nature with deeper dynamic spiritual significance. Unlike the Tzolkin, the Haab', (a *Solar Time* calendar), was based on the orbital patterns of the Earth around the Sun and was designed to track linear dates and times much like our modern day Gregorian calendar. The Haab's cyclically annual organization of time served as a consistent means for the Tzolkin Calendar's 260 Sacred Time divinations to be delivered to the entire Mayan Empire on exactly the same day.

To track vaster spans of time, (as well as vaster spiritual abstractions), the Maya designed the Long Count, (a *Galactic Time* calendar). This calendar exponentially expands the reach of the Haab' calendar. A complete round, or "*Great Cycle*" of the Long Count calendar spans 1,872,000 days, or 5,125 years. This calendar served as a "galactic mentor" for both the Haab' and Tzolkin Calendars through its architecture as a universal measurement system for the physical nature of *Matter in Time* as well as the metaphysical nature of *Energy in Space*; or the sacredness of *God and Spirit*.

The Maya calendar systems were capable of reaching far beyond even the Long Count's Great Cycle in that they were specifically designed to record vast frontiers of cosmological phenomena. For example, ancient Mayan time keepers could precisely calculate a "*Galactic Year*," (a span of 230 million years) how long it takes our solar system to make one complete orbit around our galaxy's center; and almost *to the exact day* modern-day astronomers can compute it! This is an astonishing feat for ancient astronomers who were working without the advantage of telescopes, computers or even old fashioned electronic calculators.

But why was measuring vast cosmological frontiers so important to the Maya? And why devise such a complex calendar system that integrated precise dates and times with something as abstract as spiritual wisdom or attunement? The answer lies in an ancient Mayan philosophy called the "*Grand Astrological Order*," a kind of scientific pantheism that included very precise calculations and metaphysical correlations between the movements of the cosmos and the human and spiritual evolution of human beings. This expansive philosophy was about communing with the sacred essence of everything from distant stars, to the Earth and Sky, to Nature and human beings.

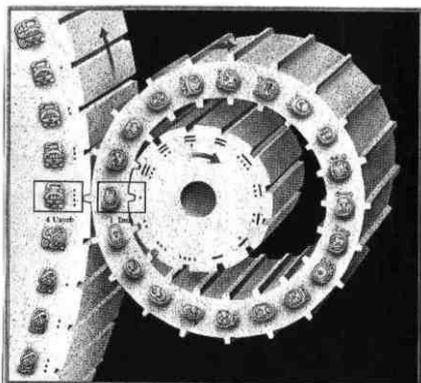
For the Maya, the Grand Astrological Order has represented the embodiment of God and all things Divine; the essence of Spirit which links together all that exists into a tapestry of astounding interconnectedness. And the nexus point of all this cosmological Divinity is located in a highly venerated and energetic space within the cosmos called "*Hunab Ku*."



The ancient Maya believed (and still believe today) that *Hunab Ku* exists at the very center of our galaxy as the supreme force of all Creation, the nexus point for the evolution of all life within the universe. (Even though the "universe" for the Maya was confined to our single galaxy, just one of billions upon billions of galaxies, there is uncanny scientific truth in their belief that our galactic center is the source of all life. Without the massive Black Hole existing at the center of our spiraling galaxy producing the omnipotent gyre of gravity for all forms of matter and energy, there would be no possibility of life what-so-ever.)

William Butler Yeats' cosmological quote, "*the falcon cannot hear the falconer*" refers to the huge gap between the vastness of the cosmos and the existence of life on our miniscule planet. The only way for the *falcon* to hear the *falconer* would be to have some system of communication capable of traversing vast distances of space. From this vantage point it becomes much clearer why the Maya invested so much time and energy in building their temples and pyramids, perfecting their mathematics and most importantly, devising their interwoven cosmological calendar systems; they were in essence a communication system between the infinite *falconer* of Hunab Ku and the finite *falcons* of human beings. The three calendar systems of the Long Count, Haab' and Tzolkin were for the Maya the means by which Hunab Ku's vast cosmological wisdom could be brought down to Earth as tangible spiritual lessons that could be integrated daily into every member of their entire Empire.

The best way to imagine this spiritual deliverance system is to picture the internal workings of an antique clock containing three intermeshing gears or cogs; a first huge cog (the Long Count), a second smaller cog, (the Haab') and a third yet smaller two-part cog, (the Tzolkin.) Via this model it can be understood that as the infinite movement of Hunab Ku is tracked with the huge cog, the Long Count Calendar, its vast spiritual essence is "geared down" into smaller more finite expressions through the smaller cog of the Haab' Calendar. And then the wisdom is reduced down further into more finite expressions by the small two-part cog of the Tzolkin Calendar, until Hunab Ku's wisdom finally becomes discernible to humans through the Tzolkin calendar's 260 daily Kins.



This diagram depicts the "gearing down" mechanism between the Haab' Calendar and the Tzolkin Calendar. (The Haab' is to the left, and on its right is the two-part Tzolkin Calendar. The Long Count would be visible to the far left of the Haab' as an almost infinitely large cog.) Focusing on the Tzolkin Calendar's structure, its basic unit of measurement is a single day or Kin. The 260 Kins arise from the intersecting of 20 glyphs or Nagual Faces, (visible as images on the outer cog) and 13 Number Energies, (visible as dots and dashes on the inner cog).

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Each of the 20 Nagual Faces represents a specific facet of human nature, a life lesson to be integrated into one's daily outlook and behaviors. Each of the Numbers (1 to 13) represents a specific energetic phase of life's evolutionary process, much like the multiple stages of development a plant or flower undergoes during its life cycle. Each Number's evolutionary "energy" is infused into the Nagual Faces, changing their characteristics by a variance of degrees. Lower Numbers tend to evoke mild or more subtle degrees of change to the Kins, while higher Numbers tend to evoke more extreme degrees of change.

More precisely, there are three factors that determine the meaning of the Daily Kins and their spiritual lessons. They are the Nagual Face and the Number Energy as stated above, along with the influence of the "Trecena," or grouping of thirteen Kins. Let's explore these three factors in more detail by taking them one at a time.

Understanding The 20 Nagual Faces

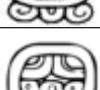
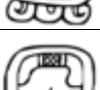
Each of the 20 Tzolkin glyphs, or Nagual Faces represents an archetypal force of human nature and is corollary to various aspects of natural phenomenon. The 20 Nagual Faces can be understood within the context of human form and the essential traits that accompany being human. These human traits include very real aspects of our nature such as "Power," "Growth," "Gratitude," "Devotion," "Surrender," etc. The term "Nagual" is traceable to the shamanic philosophy of the ancient Toltec's (a sub culture of the Maya) and refers to any mystical entity embodying supernatural powers over normal human traits. For example, Mayan folklore (both ancient and modern) speak of Nagual sorcerer's who possess mystical powers to transform themselves into animals capable of navigating into spiritual realms.

The glyphs for the 20 Nagual Faces are unique from most other Mayan inscriptions in that they are graphically represented as figures of some sort within the framework of an escutcheon, or base composed of three pod-like feet. Some of the glyphs have not yet been deciphered which points to their antiquity, but those that have, their meanings are based on natural phenomena such as tropical plants and animals indigenous to the area where they were initially created centuries ago.

Let's explore the glyphs and the original meanings the ancient Maya assigned to them, as well as become familiar with the modern day meanings we've deduced for purposes of this book. (Note: The modern deductions listed in the table below are the result of research conducted into traditional divination ceremonies as well as definitions and explanations gleaned from interviews with Quiche' Indian Day Keepers and Divinators living in the Highlands of Guatemala.)

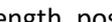
Seq. N°.	Quiche' Day Name	Yucatec Day Name	Inscription Glyph	Natural Phenomena Meanings	Deduced Nagual Face Meanings
01	Imix'	Imix		water lily, crocodile	Primal Power
02	Ix	Ix		jaguar	Selfless Devotion
03	Manik'	Manik		deer	Mounting Force

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04	Ajaw	Ahau		lord, ruler, sun	Enduring Wisdom
05	B'en	Ben		young maize, seed	Sacred Dwellings
06	Kimi	Cimi		death	Eternal Grace
07	Kawak	Cauac		rain storm	Gathered Blessings
08	Eb'	Eb		rain	Chosen Destiny
09	Chikchan	Chicchan		cosmological snake	Personal Transformation
10	Etz'nab'	Etnab		flint	Revealed Reality
11	Chuwen	Chuen		howler monkey	Dimensional Weaving
12	K'an	Kan		Net, sacrifice	Abundant Attraction
13	Kab'an	Caban		earth	Powerful Intent
14	Ok	Oc		dog	Vulnerable Exposure
15	Akb'al	Akbal		darkness, night, early dawn	Polarized Transition
16	Kib'	Cib		wax	Cleansing Forgiveness
17	Muluk	Muluc		jade, water, offering	History Reconciliation
18	Ik'	Ik		wind, breath, life force	Dynamic Acceleration
19	Men	Men		eagle	Sovereign Perception
20	Lamat	Lamat		Venus, star, ripeness, maize seeds	Regenerative Nurturance

Understanding The 13 Number Energies

The 13 Tzolkin Number Energies can be understood as spiritual progressions, aspects of life's cyclical evolutionary processes, which include but are not limited to germination, growth and development, procreation, fruit bearing and regeneration. They are also loosely correlated with the 13 Upperworld Heaven Gods of the ancient Aztec and Olmec civilizations. The "Mayan Number Glyph" row in the chart below shows the ancient Maya's system of mathematics and counting. The "dots" represent the number "1" and the "lines" are units of "5." For example, take "Bolon's" glyph and 9th Number indicating 4 dots above a single line. This represents "4 + 5," which equals "9." The "Number Energy Deduction" row displays the essence of each Number's energy and its definition. Let's explore what are believed to be some of the original meanings the ancient Maya and Aztecs assigned to the Number Energies, and then become familiar with the modern day meanings we've deduced for purposes of this Life Alignment Process.

Number Heaven and Aztec God	Mayan Number Glyph	Number Energy Deduction
First Heaven God of fire and time Xiuhtecuhtli		Hun - 1 (Unity) Creation, new beginnings, initiation, power. Candescent Initiation
Second Heaven God of earth Tlaltecuhli		Ka - 2 (Duality) Change, integration of polarities, challenge. Reactionary Dualism
Third Heaven Goddess of water Chalchiuhtlicue		Ox - 3 (Action) Playful, action, joy, light. Obstructive Uncertainty
Fourth Heaven God of sun warriors Tonatiuh		Kan - 4 (Stability) Healing, form, time for reflection, allow. Consistent Wholeness
Fifth Heaven Goddess of childbirth Tlazolteotl		Ho - 5 (Empowerment) Dynamic, organizing force, strength, positive. Engaging Purification
Sixth Heaven God of death Mictlantecuhtli		Uac - 6 (Flow) Dynamic developments and improvements in all aspects of life. Stable Momentum
Seventh Heaven God of maize and sustain Centeotl		Uuc - 7 (Reflection) The world beyond worlds, connection to the flow of all creation, portal to the unknown. Prolific Revelation
Eighth Heaven god of rain, fertility, water Tlaloc		Uaxac – 8 (Justice) First of six tones, harmony organize, management skills, creativity, integrity, fairness, balance. Harmonious Connection
Ninth Heaven God of light Quetzalcoatl		Bolon – 9 (Patience) Link to higher frequencies, God connection. Movement toward completion and perseverance. Enlivening Perspective
Tenth Heaven God of darkness Tezcatlipoca		Lahun – 10 (Manifestation) Materialization, expression, potential realized, beauty. Shadowed Reflection

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Eleventh Heaven Goddess of birth Yohuaiticetl		Buluk – 11 (Resolution) Improvement, change, potential, evolution, resolution. Natural Unfolding
Twelfth Heaven God before dawn Tlahuizcalpantecuhtli		La ka – 12 (Understanding) Understanding, communication, retrospection, knowledge, teaching. Cumulative Capacity
Thirteenth Heaven Dual-Creator god Ometeotl/Omecinatl		Oxlahun– 13 (Ascension) Completion, transcend, bridge to future, source connection. Completion Recreation

Understanding The Influence of The Trecenas

The 260 Kins making up the Tzolkin Calendar are organized in a repeating series of twenty "Trecenas," containing thirteen Kins each. The sequence of thirteen unique Kins possess a common theme based on the first Kin in the sequence. For example, the Trecena of "Etnab" begins with the Kin of Etnab, which has to do with telling the truth and being honest in our dealings and actions. The twelve Kins that follow in the Trecena of Etnab are related in some way to developing greater truthfulness and honesty in our daily lives and bring greater clarity every day regarding Etnab's wisdom and usefulness. All twenty Trecenas follow the same pattern, but each one showcases its own unique theme and sequence of life lessons as its thirteen Kins are embraced on a daily basis.

The end of a specific Trecena is when the 13th Daily Kin for that series is complete. Each Kin is composed of 1 Nagual Face (20 in all) and 1 Number Energy (13 in all). What this means is that there are 20 Trecena's of 13 Kins each, making a total of 260 combinations, (1 complete round of the Tzolkin Calendar). Each Trecena has an overall context or influence on the 13 Kins existing within it. The Maya of the Highlands of Guatemala believe that the lower number energies are "milder," the middle numbers more "intense" and the ending numbers easing towards "completion." Think of a Trecena like an ocean wave . . . as it approaches, the energy rises, when it's upon you fully its power is immense, and as it passes by you, it washes away into a flow of completion as the next Trecena wave in the series of twenty swells.

Understanding How Each Daily Kin Is Defined

The 20 Nagual Faces, 13 Number Energies and the Trecena they reside within come together to form the Tzolkin Calendar's unique 260 Kins, (20 x 13 = 260). Let's continue with the example of the Trecena of Etnab and explore the Kin called "Imix + Hun." Imix represents "Primal Power" which pertains to the basic human reactions of fear, survival and the desire to either protect or strike out. Hun is the first of 13 Number Energies, which represents "Initiation" or new beginnings. The Trecena of Etnab represents the overall context of revealing truth. The combination of these three factors create a "synthesis" of wisdom that embodies the movement of us accessing new beginnings and embracing our deeper primal power in a manner that has integrity, honesty and truthfulness. As you can see, all three facets come together and are synthesized into wholeness and a very tangible spiritual life lesson.

Additionally, as the Number Energies increase to 13, the magnitude of their influence on each Nagual Face increases. And while the magnification process is not always linear, the 13

Numbers consistently infuse an evolutionary influence over the 20 Nagual Faces, much the way a plant grows from its initial stages of breaking ground, to pushing off its shell, to flowering, to completing its life cycle. It should also be noted that the Tzolkin Calendar does not start with *Imix + Hun*, but rather is a circular system with no fixed beginning or ending.

How The Author Defined Each of The 260 Daily Kins

The wisdom of the Tzolkin Calendar has been interpreted in a variety of ways over the years, with Jose' Arguelles' *Dreamspell* version being one of the most popular. Arguelles' approach was to redefine and enhance the underlying philosophical principles of the Tzolkin Calendar so it would be more attractive and useful to modern day audiences. Some enhancements he made were integrating principles of the I Ching, Numerology and ancient Celtic 13-Moon/28-Day calendar. Others included changing the sequential count of the 260 Kins as it relates to the modern day Gregorian calendar as well as introducing his personally inspired metaphysical interpretations regarding the meanings of the Kins. Arguelles' pioneering work was important as a vehicle for introducing the wisdom of the Maya and their Tzolkin Calendar to many hundreds of thousands of readers around the world.

In addition to Arguelles' interpretation of the Tzolkin Calendar there are other more recent versions that present variations on its wisdom. Some are based on empirical archeological data while others focus on metaphysical perspectives that view Tzolkin wisdom through the lens of astrological and horoscope predictions. All have contributions to make in that they illuminate different facets of the same thing, namely how to gain insight into the Maya Spirit and apply its profound wisdom in our lives.

Just as there are no "right" or "wrong" ways to approach one's self-development process, there is no better or worse version of the Tzolkin Calendar's wisdom. Any medium of deliverance that provides deeper insight into our humanity and spiritual nature is a blessing and should be honored as such. In terms of which version to practice, that's up to the reader and is obviously based on whatever approach seems to work best for them.

My specific interpretation focuses on the Classical Mayan version of the Tzolkin Calendar and ventures deeply into its underpinnings by focusing on the traditional "Quiche" Indian practices, leaving for another time perhaps the Lowland "Yucatec" Indian perspective. It is believed by many Mesoamerican scholars that the Quiche Indians of the Guatemala Highlands are the original "Aj'k'jis" or "Daykeepers" and "Divinators" responsible for passing down the wisdom of the Tzolkin Calendar through word of mouth, traditional plays, rituals and traditions. It is for these reasons I have chosen to explore the Classical Mayan version.

As stated previously, there are as many ways to interpret the wisdom of the Tzolkin Calendar as there are human beings on Earth. The method for determining the meaning of each of the Calendar's 260 Kins I used was to first research and clarify the original meaning of each of the 20 Nagual Faces and 13 Number Energies, (or as close to the ancient Maya's intent for them as possible). I accomplished this by researching the original Quiche' meaning of each of the Nagual Faces and Number Energies as they are understood in traditional Day Keeper divination ceremonies still conducted today in the Highlands of Guatemala. I also spent three years communing with the Maya, learning from the Elders by uncovering, understanding and then redefining for modern times the meanings of each Nagual Face and Number Energy.

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The result is a work in progress that hopefully reflects the original essence of the Maya Wisdom contained within the Tzolkin Calendar. If I've bridged the ancient wisdom of the Kins correctly into modern-day times then I believe they will evoke powerful awakenings and convey vital life lessons for those living today just as they have for the ancients of antiquity.

How To Engage With The Daily Kins

How the Tzolkin Practice works is that each day you will receive a Daily Kin by email. Take about five minutes to review the document first thing in the morning. The best way to approach the Daily Kins is to read the red highlighted lesson, align with it and then review the detailed explanation of its essence in the text below.

Keep the Kin's wisdom with you throughout the day and notice what arises either as alignment or misalignment with its essence. At night just before bed, take five minutes to go back to the Kin and read its entire contents again and reflect on your day's experience. What you want to focus on is not how you are struggling or how "badly" you are doing in terms of being out of alignment, but rather how dedicated you are to growing and how when you realize how out of alignment you may be, that it is a blessing to see it, be aware of it and bring yourself into accord with it. *This is by far the most powerful way to engage with the Kins and doing so will accelerate your development greatly.*

I also recommend keeping a daily journal to document your daily revelations with the Kins. While this may add a few minutes to your evening assessment process it will also give you a sense of continuity and validation for your movement and development over time.

If you have already requested the Daily Kins, you will soon begin receiving them every morning for the next 260 days. (If you don't receive them please let us know right away.) These daily messages are our way of supporting the local community in San Miguel de Allende. Please Note: The Daily Kins is usually a paid subscription, but for the time being I am offering them as a gift to those who resonate with their timeless wisdom. (For information about the free subscription logon: <http://www.travelerswithin.com/tzolkin/>)

Bless you and In Lak'ech!
Val Jon Farris
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